



St. Anne Catholic School Newsletter

Inspire the Mind and Nurture the Soul

March 2010

st-anne.scdsb.edu.on.ca

Volume 1, Issue 7

Important Dates to Remember:

- JK-6 Winter Carnival — March 4, 2010
- Historica Fair — March 10, 2010
- Movie Buyout "Planet 51" — March 5, 2010
- Eucharistic Information Night — March 25, 2010

What Does Lent Mean to You?

by Mr. Mathieu

These days, a Catholic may be able to tell your age by the way you explain Lent.

Older Catholics, who remember Lent in the 1930s, 40s or 50s—or perhaps even earlier—may first think of this season as a time of penance. Lent was when you gave up something—like food or going to the movies—in order to do penance for sin.

Today, with the presence in most Catholic parishes of a group of adults visibly making ready to receive the sacraments of initiation at the Easter Vigil, Lent has regained that "baptismal" emphasis. We still can decide on a Lenten observance—fasting, prayer, almsgiving—but we do it with the purpose of recalling our

Baptism, of deepening our commitment to Christ. And we do it in solidarity with those preparing to be baptized or received into the Church.

The readings for each Sunday in Lent have been chosen by the Church to relate to the journey of

**BROKEN
AND SHED
FOR YOU**

faith each of us undertakes, to our basic baptismal call to be part of Christ.

Those who are already baptized are still on a journey. Our faith must be renewed, our baptismal promises affirmed each time we gather with the Church for the Eucharist, where we hear God's Word and come to the table to be transformed into the Body of Christ. We bring to that experience our questions, our sinfulness, our hunger and thirst, our need to grow, our longing for God.

Let's pray for each other as we make our Lenten journey of faith.



Social Media Link Launched

by The Sudbury Catholic District School Board

In our most recent commitment to the effective use of technology, the Sudbury Catholic District School Board is pleased to announce that on February 22, 2010, we have begun to engage our students and parents through social media. A new link at www.sudburycatholicschools.ca now offers visitors six different ways to follow news and events at SCDSB, including updates through Twitter and a Sudbury Catholic Schools YouTube channel. Staff, students, and families will also have the opportunity to sign up for news delivered to their inbox, read the latest headlines on their web enabled mobile phones, and quickly access all the best news from Sudbury Catholic Schools in one place on our website.

We believe our new Social Media link speaks to our strong commitment to staying current and we applaud the efforts of our staff for continuing to champion our students in such a prevalent fashion. At S.C.D.S.B., we will be continuing to explore new and exciting ways to utilize social media on an ongoing basis. To view the new link on the board's website, go to www.sudburycatholicschools.ca and click on 'What's New at SCDSB?'

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We're on the Web
st-anne.scdsb.edu.on.ca

This newsletter is published monthly by

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Nurture the Soul

Mr. Winegarden to Speak to Students

by Mr. Simonato

Mr. Winegarden was born with an eye disease known as RP (Retinitis Pigmentosa). Basically, the disease causes a steady, progressive loss of sight. He was never able to see in the dark as he was night blind. By the time he was ten years of age, Mr. Winegarden was blind.

In grade 5, Mr. Winegarden went to a school for the blind in Brantford Ontario. At this school he learned how to write and read braille, how to get around city streets with a white cane, some basic cooking, and one of his favourite things, woodworking. There were also regular academic classes.

What Mr. Winegarden knew for sure was that he needed to get more education, so in 1993 he decided to go to College. Mr. Winegarden graduated with a diploma in Business Administration, majoring in Management Studies.

After college, Mr. Winegarden and his wife moved to Vancouver British Columbia. He was able to prove that he could do excellent work if just given the chance.

Mr. Winegarden now has a couple of websites where he sells a fitness system which he created.

Mr. Winegarden has a solid philosophy. He states: "There is much more that I can do with my life to help others and to reach the highest goals that I set out. Some of it has to do with good old hard work and some maybe more importantly is to follow my passion. The trick is always do my best and help others. If I can do this then my life is meaningful."

Mr. Winegarden will be speaking to the St. Anne students on March 9th, 2010.

Quick Information Items

by Mr. Mathieu

- **Virtue of the Month** – Honesty. During March our school is recognizing the Catholic value of HONESTY. Honesty is making a promise to be true to God, to oneself and to others. When faced with difficult situations, we can be comforted by turning to God for guidance. Being honest with God helps us seek the truth in all that we do. As a Catholic community, we are fortunate to be able to celebrate the Sacrament of Reconciliation. This is another opportunity for the students to engage in an honest dialogue with God and receive His forgiveness. Wise and loving God, fill our minds with your word so that we may know what is true and right, so that we may know what is holy, and so that we may know your peace. May we be examples of discerning believers for each other as we walk in solidarity, compassion, courage, forgiveness, wisdom and truth.

body, but also the mind. March is Nutrition Month across Canada. At St. Anne, we will continue to promote the benefits of healthy eating and physical activity. On March 11th, we will be participating in the "Big Crunch" event. In effort to promote healthy eating during Nutrition month, the Sudbury and Manitoulin Student Nutrition Advisory Committee of the Health Unit would like to see every student in Sudbury eat a carrot at 2:30 p.m. At home you can try the balanced approach to nutrition: be active and eat well.

- **Bake Sale for Haiti** – Our Bake Sale for Haiti was held on Wednesday, February 24th. It was a huge success! Sister Therese Lamoureux came for a visit and was quite impressed with the support she received from staff, parents, and students. She was also thankful for our efforts to help the people of Haiti. Sister Therese and Father Blot will put the money to good use in the impoverished nation. She had a wonderful time at the school and enjoyed interacting with the students. Thank you to all the students and their families for their generosity.



St. Anne Angels raised over \$2,000 for Haiti with their Pyjama Dress-Down Day, Staff Luncheon, and Bake Sale.

- **The Big Crunch** – Healthy eating not only energizes and supplies needed nutrients to the

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h1>March 2010</h1>					St. Anne Catholic School Mr. G. Mathieu - Principal Mrs. L. Stirrett - Vice-Principal Tel.: (705) 969-2101 Fax.: (705) 969-2851 st-anne.scdsb.edu.on.ca	
<p>The next Board Meeting will be held on Tuesday, March 23, 2010 at 7 p.m.</p>	<p>1  JKA JK Registrations Continue This Month</p>	<p>2  JKB BAC Registrations</p>	<p>3 JKA Graduation Pictures World Math Day</p>	<p>4  JKB Winter Carnival JK to 6</p>	<p>5  JKB Movie Buyout "Planet 51" \$2.00 Canteen Available</p>	<p>6  Join us for mass at Our Lady of Peace in Capreol every Saturday at 7 p.m.</p>
<p>7  3rd Sunday of Lent</p>	<p>8  JKA Homework Club Every Monday and Wednesday 3-4 p.m.</p>	<p>9  JKB Vision Presentation</p>	<p>10 JKA Historica Fair Science North JK/SK/1/2/3</p>	<p>11  JKB The Big Crunch Wear Green Day</p>	<p>12  No School March Break Begins Today!</p>	<p>13 </p>
<p>14  4th Sunday of Lent</p>	<h1>March Break</h1>					<p>20  Join us for mass at St. Kevin's Parish every Saturday at 5:00 p.m.</p>
<p>21  Join us for mass at St. Kevin's Parish every Sunday at 9:30 and 11:00 a.m.</p>	<p>22  JKA Gr. 6/7FI and Gr. 8 FI class trip to Science North</p>	<p>23  JKB Dental Screening Today & Tomorrow</p>	<p>24  JKA Breakfast Club Every Tuesday and Wednesday</p>	<p>25  JKB Eucharistic Info Night - 7 p.m. St. Kevin's</p>	<p>26  JKA Grade 7 Student Surveys</p>	<p>27 </p>
<p>28 Holy Week Begins  PALM SUNDAY</p>	<p>29  JKA Send Your Old Batteries to School</p>	<p>30  JKB</p>	<p>31 JKA</p>	 <p>Full day Junior Kindergarten Full day Early Learning Program BEGINS SEPTEMBER 2010</p>		

Help protect the future of Catholic Education: ensure that your property taxes identify you as a Catholic school supporter. There is NO PARKING permitted on the street in front of the school: you may be ticketed. Please park on the west side of St. Michel Street.